

FAMILY DENTISTRY

Edward J. Lacy Jr, D.D.S.

When wedge-shaped notches appear in teeth at the “gingival margin” (gum line), the cause is not always tooth decay. Instead, this loss of tooth structure is often attributed to “bruxism” (tooth grinding) or acid reflux that leads to tooth erosion, called “abfraction.” Not only does this loss of tooth structure pose a threat to the integrity of the tooth and underlying nerve but it is also often unsightly and can be sensitive to sweets, touch and cold. The older theory which still can occur is labeled Abrasions.. This occurs with using a hard bristle tooth brush on roots that have been exposed due to recession. These defects are termed Non carious dental lesions, as they are not due to decay The first step in treating abfractions, is addressing the underlying cause, such as a custom mouth piece (night guard) for bruxism and medication and lifestyle changes for acid reflux. The dentist then can restore the aesthetic and structural aspects of the problem by filling the missing portion of the tooth with a matching tooth-colored bonding resin.

The restorative agent dentists use to repair teeth is a composite material that takes a few minutes to apply, shape, and polish, and lasts for years.



Dr. Edward J. Lacy, Jr.

Happy

Valentine`s day

from our

“Sweetheart City”

Dr. Ed, Kris, Will & Mindy

DrEdwardJLacyJr.com